THE INQUIRY COLLECTIVE

Learning & Well-Being Check-In

Grades 1-3 | Growing as a learner

Name (optional): _____ Date: _____

Talk, draw, point or write. You can ask someone to read with you. Choose what you want to share.

Something I feel proud of

Show one thing you tried, learned or helped with.

When learning feels tricky...

What helps you take a next step? Draw or tell about it.

Finding my calm

What helps you feel ready? You might move, pause, breathe or ask for help.

Feeling connected

Who helps you feel welcome? How can you help someone else feel included?

My next small step

One thing I want to try is... Who could help me?

Check back on: _____

Use at a pace that suits the learner. Drawings and conversation count. No scores or right answers.